



Child-Friendly Positive Behaviour and Wellbeing Policy

Hawthorn Primary School



Written by: School Council

Last reviewed on: March 2025

Next review due by: September 2025



Our School

At Hawthorn Primary School we are one big family. Everyone is welcome and belongs.

We show respect and kindness to others.

We follow our Expectations to help us maintain our inclusive community.

In our Hawthorn Family...



We treat everyone with kindness and respect.

We keep ourselves and others safe.



We solve problems peacefully.

We are here to learn and let others learn.



Zones of Regulation

We use the Zones of Regulation to help understand how to self-regulate (calm), when we have big feelings. This also helps our wellbeing. The Zones of Regulation help us to learn about different ways we can stay safe and keep others safe. Each classroom has a Zones of Regulation display and we have outdoor posters to help us.

What **ZONE** am I in?



How staff help us

There are lots of adults in school who can help. They help in lots of ways, when we find things tricky. For example:

- Listen to the problem
- Try to help solve the problem
- Give verbal reminders
- Use a picture or visual tool as a reminder
- Use proud points
- Use something from our Zones of Regulation toolkit
- Encourage children to take a movement/brain break
- Let children use sensory items and objects that help self-regulate



How we help each other

During play times, we have the Playground Crew and Buddies, who are always there if we need a friend. They listen and help us solve problems. In KS2 classes, we use C3B4ME (see three, before me), which is a way of communicating that we need help from our friends.



At Hawthorn Primary School we do not accept behaviours like;



- Bullying;
- Unkind actions;
- Name calling;
- Damaging school property or the property of others;
- Disrupting learning;
- Ignoring requests from staff.

If a child continues to find it difficult to follow our Hawthorn Expectations, there are consequences. Such as:

- Time-out;
- Lose some playtime;
- Being spoken to by a senior member of staff e.g. the Head Teacher;
- Staff speaking to parents/carers.

We know that everyone can make mistakes; as long as we learn from them and make better choices next time, that is what really matters. It is important that we remember to be the best version of ourselves and always try our best to follow our Hawthorn Expectations.

Glossary



Behaviour

The actions I take and choices I make.

Buddy

Buddies are voted in by their classmates. If anyone needs a friend or help solving a problem, buddies are there to help!

Community

A community is a group of people who support and care for each other.

Emotions

I know that emotions are feelings, for example; happy, sad, frustrated, angry.

Playground Crew

Playground Crew are voted in by their classmates. They help us with exciting activities at break-time.

Proud Points

I can earn “Proud Points” by following our Hawthorn Expectations and doing my very best.

Respect

I accept all people for who they are, even when they’re different to me or I don’t agree with them.

Self-Regulation

I can understand and manage my own behaviour and reactions.

Wellbeing

I can “check-in” with myself to see how I am doing and feeling.

Zones of Regulation

I can sort my feelings and manage my emotions. The Zones are sorted into four colours:

Blue



Yellow



Green



Red

