



Primary School Lunch Menu

SEPTEMBER - FEBRUARY

Planet Friendly Days

(Menu Option 1w)

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Oven Baked Sausage Mashed Potato (v)	Handmade Margherita Pizza Slice (v) Pasta Quills (v)	Chinese Style Chicken Noodles Oven Baked Crusty Bread (v)	Hearty Minced Beef & Vegetable Pie Roasted Potato (v)	Golden Fish Fingers or Salmon Fingers Tomato Dip (v), Chips (vg)
Main Course	Oven Baked Quorn Sausage (vg) Mashed Potato (v)	Handmade BBQ Quorn Pizza Slice (v) Pasta Quills (v)	Chinese Style Vegetable Noodles (v) Oven Baked Crusty Bread (v)	Hearty Quorn & Vegetable Pie (v) Roasted Potato (v)	Crushed Chickpea & Sweetcorn Mayo Wrap (vg) Chips (vg)
Halal	Oven Baked Chicken Sausage Mashed Potato (v)	Choice of Above (v)	Chinese Style Chicken Noodles Oven Baked Crusty Bread (v)	Hearty Minced Beef & Vegetable Pie Roasted Potato (v)	Choice of Above
Chef's Choice of Seasonal Vegetables and Salad Bar (v)(vg) / Jacket Potato – Cheese (v), Tuna Mayo, Beans (v/vg) / Sandwiches Options (v)					
Dessert Fresh Fruit (vg), Yoghurt (v), Cheese & Biscuits (v)	Arctic Ice Cream Roll (v)	Peach & Custard Blondie (v)	Fresh Fruit Salad (v)	Fruit & Oat Cookie (v)	Apple Crumble Muffin (v)
Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Classic Cheeseburger in a Bun Seasoned Wedges (vg)	Traditional All-Day Breakfast (Pork Sausage, Hash Brown, Beans, Omelette)	Classic Mac & Cheese (v) Garlic Bread (v)	Classic Roast Chicken Fillet with Yorkshire Pudding Mashed Potato (v)	Crunchy Fish Stars Chips (vg)
Main Course	Planet Friendly Cheeseburger in a Bun (v) Seasoned Wedges (vg)	Traditional Quorn All-Day Breakfast (v) (Quorn Sausage, Hash Brown, Beans, Omelette)	Super Rich Ragu With Penne Pasta (vg) Garlic Bread (v)	Mighty Roast Quorn Fillet with Yorkshire Pudding (vg) Mashed Potato (v)	Loaded Mexican Style Wedges (vg) Chopped Mixed Salad (vg)
Halal	Classic Chicken Burger in a Bun Seasoned Wedges (vg)	Traditional All-Day Breakfast (Chicken Sausage, Hash Brown, Beans, Omelette)	Super Rich Ragu With Penne Pasta (vg) Garlic Bread (v)	Classic Roast Chicken Fillet with Yorkshire Pudding Mashed Potato (v)	Choice of Above
Chef's Choice of Seasonal Vegetables and Salad Bar (v)(vg) / Jacket Potato – Cheese (v), Tuna Mayo, Beans (v/vg) / Sandwiches Options (v)					
Dessert Fresh Fruit (vg), Yoghurt (v), Cheese & Biscuits (v)	Frozen Yoghurt (v)	Fruit Shortbread Custard (v)	Fresh Fruit Medley (v)	Madeleine Sponge Custard (v)	Coconut Cookie (v)
Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	American Style BBQ Meatball Sub Crispy Diced Potato (v)	Crispy Chicken Nuggets Salsa Dip (v) Loaded Mexican Rice (v)	Rainbow Pasta Bake (v) Garlic Bread (v)	Sizzling Pork Sausage Hot Pot Sliced Carrots (vg)	Battered Fish or Salmon Nibbles Chips (vg)
Main Course	Plant Power Pesto Pasta (vg) Crispy Diced Potato (v)	Crunchy Quorn Dippers (v) Salsa Dip (v) Loaded Mexican Rice (v)	Classic Cheese & Tomato Quiche (v) Skin on Wedges (v)	Sizzling Quorn Sausage Hot Pot (v) Sliced Carrots (vg)	Homemade Tomato Soup with a Cheese Sandwich (v)
Halal	Plant Power Pesto Pasta (vg) Crispy Diced Potato (v)	Crunchy Quorn Dippers (v) Salsa Dip (v) Loaded Mexican Rice (v)	Choice of Above (v)	Sizzling Chicken Sausage Hot Pot Sliced Carrots (vg)	Choice of Above
Chef's Choice of Seasonal vegetables and Salad Bar (v)(vg) / Jacket Potato – Cheese (v), Tuna Mayo, Beans (v/vg) / Sandwiches Options (v)					
Dessert Fresh Fruit (vg), Yoghurt (v), Cheese & Biscuits (v)	Chocolate Brownie (v)	Strawberry Mousse (v)	Fruit Flapjack Custard (v)	Frozen Yoghurt (v)	Lemon Muffin (v)

Week 1	Week 2	Week 3
01 Sept 25	08 Sept 25	15 Sept 25
22 Sept 25	29 Sept 25	06 Oct 25
13 Oct 25	20 Oct 25	03 Nov 25
10 Nov 25	17 Nov 25	24 Nov 25
01 Dec 25	08 Dec 25	15 Dec 25
05 Jan 26	12 Jan 26	19 Jan 26
26 Jan 26	02 Feb 26	09 Feb 26

CHOICE OF DRINKS:

Chilled Water
Reduced Fat Milk (v)

Menus are subject to availability
(vg) Plant-Based and Planet-Friendly
(v) Suitable for Vegetarians

Newcastle
City Council