Primary School Lunch Menu

week one

4 September 17 • 25 September 17

16 October 17 • 13 November 17

4 December 17 • 8 January 18

29 January 18 • 26 February 18

19 March 18 • 23 April 18

14 May 18 • 11 June 18 2 July 18

Monday

Fish Goujons Seasoned Wedges • Garden Peas

Vegetarian Burger* in Seeded Bun Seasoned Wedges

Whole Wheat Spaghetti Hoops

Baked Bean Filled Jacket Potato

Raspberry Ripple Mousse

Tuesday

Minced Beef Pie* **Creamed Potato** Root Vegetable Mash

Homemade Tomato Soup Wholemeal Cheesy Crouton

Ham Salad Baguette

Fresh Fruit Salad • Yoghurt Fresh Fruit • Cheese and Biscuits

Wednesday

Chicken Jalfrezi* Naan Bread or Steamed Rice

Cheese and Potato Pattie* **Baby Jacket Potatoes** • Baked Beans

Tuna Mayo Filled Jacket Potato

Chocolate Brownie • Custard

Thursday

Roast Gammon* with Pease Pudding **Roast Potatoes** Broccoli

> Thin and Crispy Roasted **Vegetable Pizza Roast Potatoes** • Sweetcorn

Egg and Cress Sandwich

Shortbread Biscuit

Friday

Battered Fish Chips • Mushy Peas

Southern Style Quorn Wrap* **Sweet Potato Fries Crunchy Coleslaw**

Cheese Savoury Filled Jacket Potato

Fruity Flapjack • Custard

*Also available as meat or meat free option.

Available daily: Salad bar, selection of fresh bread and rolls. Alternative Desserts: Selection of fresh fruit, fruit salad, yoghurt and cheese and biscuits. Choice of Drinks: Fruit juice drink, reduced fat milk, flavoured milk, chilled drinking water. Menu is subject to availability and the requirements of individual schools.

week two

11 September 17 · 2 October 17

30 October 17 • 20 November 17

11 December 17 • 15 January 18

5 February 18 • 5 March 18

26 March 18 • 30 April 18

21 May 18 • 18 June 18

9 July 18

Monday

BBQ Chicken Burger* in Sesame Seed Bun **Sweet Potato Fries Garden Peas**

Macaroni and Cauliflower Cheese Garlic and Herb Bread

Tuna Mayo Sandwich

Melting Moment Biscuit

Monday

Classic Hotdog

with Tomato Ketchup*

Oven Roast Potatoes • Sweetcorn

Vegetarian Lasagne*

Garlic Bread

Tuna and Sweetcorn Filled

Jacket Potato

Frozen Fruit Yoghurt

Tuesday

Turkey Pie* **Creamed Potatoes** • **Green Cabbage**

Sticky Quorn Sausage* **Egg Noodles with Spring Onion** and Baby Corn

Baked Bean Filled Jacket Potato

Victoria Jam Sponge

Wednesday

Spaghetti Bolognese* **Garlic Bread**

Fish Fingers with Lemon Mayo **Chips** • Garden Peas

Chicken and Sweetcorn Sandwich

Fresh Fruit Salad • Yoghurt Fresh Fruit • Cheese and Biscuits

Thursday

Roast Pork with Yorkshire Pudding* Oven Roast Potatoes • Swede

> Vegetarian Korma* **Steamed Rice or Naan Bread**

Ham and Pease Pudding Stottie

Chocolate Coconut Slice

Broccoli

Friday

Fishcake with Parsley Mayo

Seasoned Potato Wedges

Vegetarian Kofta* with Cucumber and Mint Raita in Pitta Bread Savoury Vegetable Rice

Cheese and Grated Carrot Filled Jacket Potato

Apple Crumble Muffin

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Wednesday

week three

18 September 17 • 9 October 17

6 November 17 • 27 November 17

18 December 17 • 22 January 18

19 February 18 • 12 March 18

4 June 18 • 25 June 18

16 April 18 • 7 May 18

16 July 18

Tuesday

Pork Tenderloin* with Apple Sauce with Herb Stuffing **Creamed Potatoes** • Carrots

Vegetable Nuggets* with Tomato Ketchup

Bombay Potatoes • Peas and Sweetcorn

Cheese Savoury Sandwich

Peach Slices

Creamy Rice Pudding

Cheese and Potato Pie Oven Roast Potatoes • Sweetcorn

> BBQ Vegetarian Meatball Sub* Oven Roast Potatoes • Broccoli

Chicken Mayo Filled Jacket Potato

Fresh Fruit Salad • Yoghurt Fresh Fruit • Cheese and Biscuits

Thursday

Mild Chilli Beef and Cheese* Potato Wedges • Baked Beans

Thin and Crispy Pizza Margherita **Seasoned Potato Wedges** Sweetcorn

Turkey Salad Sandwich

Carrot Cupcake

Friday

Chinese Style Vegetarian Curry* Egg Noodles

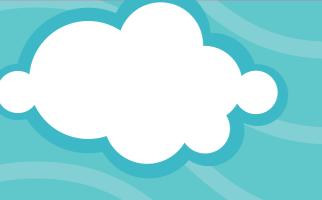
Salmon Fish Finger Sandwich with Tomato Relish **Chips** • Mushy Peas

Baked Bean Filled Jacket Potato

Sticky Toffee Pudding Ice Cream

*Also available as meat or meat free option.

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September 2017 - July 2018









