

Primary School Lunch Menu



week one

4 September 17 • 25 September 17
16 October 17 • 13 November 17
4 December 17 • 8 January 18
29 January 18 • 26 February 18
19 March 18 • 23 April 18
14 May 18 • 11 June 18
2 July 18

Monday

Fish Goujons
Seasoned Wedges • Garden Peas
Vegetarian Burger* in Seeded Bun
Seasoned Wedges
Whole Wheat Spaghetti Hoops
Baked Bean Filled Jacket Potato
Raspberry Ripple Mousse

Tuesday

Minced Beef Pie*
Creamed Potato
Root Vegetable Mash
Homemade Tomato Soup
Wholemeal Cheesy Crouton
Ham Salad Baguette
Fresh Fruit Salad • Yoghurt
Fresh Fruit • Cheese and Biscuits

Wednesday

Chicken Jalfrezi*
Naan Bread or Steamed Rice
Cheese and Potato Pattie*
Baby Jacket Potatoes • Baked Beans
Tuna Mayo Filled Jacket Potato
Chocolate Brownie • Custard

Thursday

Roast Gammon* with Pease Pudding
Roast Potatoes
Broccoli
Thin and Crispy Roasted
Vegetable Pizza
Roast Potatoes • Sweetcorn
Egg and Cress Sandwich
Shortbread Biscuit

Friday

Battered Fish
Chips • Mushy Peas
Southern Style Quorn Wrap*
Sweet Potato Fries
Crunchy Coleslaw
Cheese Savoury Filled Jacket Potato
Fruity Flapjack • Custard

*Also available as meat or meat free option.

Available daily: Salad bar, selection of fresh bread and rolls. Alternative Desserts: Selection of fresh fruit, fruit salad, yoghurt and cheese and biscuits.
Choice of Drinks: Fruit juice drink, reduced fat milk, flavoured milk, chilled drinking water. Menu is subject to availability and the requirements of individual schools.

week two

11 September 17 • 2 October 17
30 October 17 • 20 November 17
11 December 17 • 15 January 18
5 February 18 • 5 March 18
26 March 18 • 30 April 18
21 May 18 • 18 June 18
9 July 18

Monday

BBQ Chicken Burger*
in Sesame Seed Bun
Sweet Potato Fries
Garden Peas
Macaroni and Cauliflower Cheese
Garlic and Herb Bread
Tuna Mayo Sandwich
Melting Moment Biscuit

Tuesday

Turkey Pie*
Creamed Potatoes • Green Cabbage
Sticky Quorn Sausage*
Egg Noodles with Spring Onion
and Baby Corn
Baked Bean Filled Jacket Potato
Victoria Jam Sponge

Wednesday

Spaghetti Bolognese*
Garlic Bread
Fish Fingers with Lemon Mayo
Chips • Garden Peas
Chicken and Sweetcorn Sandwich
Fresh Fruit Salad • Yoghurt
Fresh Fruit • Cheese and Biscuits

Thursday

Roast Pork with Yorkshire Pudding*
Oven Roast Potatoes • Swede
Vegetarian Korma*
Steamed Rice or Naan Bread
Ham and Pease Pudding Stottie
Chocolate Coconut Slice

Friday

Fishcake with Parsley Mayo
Seasoned Potato Wedges
Broccoli
Vegetarian Kofta* with Cucumber
and Mint Raita in Pitta Bread
Savoury Vegetable Rice
Cheese and Grated Carrot Filled
Jacket Potato
Apple Crumble Muffin

*Also available as meat or meat free option.

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week three

18 September 17 • 9 October 17
6 November 17 • 27 November 17
18 December 17 • 22 January 18
19 February 18 • 12 March 18
16 April 18 • 7 May 18
4 June 18 • 25 June 18
16 July 18

Monday

Classic Hotdog
with Tomato Ketchup*
Oven Roast Potatoes • Sweetcorn
Vegetarian Lasagne*
Garlic Bread
Tuna and Sweetcorn Filled
Jacket Potato
Frozen Fruit Yoghurt

Tuesday

Pork Tenderloin* with Apple Sauce
with Herb Stuffing
Creamed Potatoes • Carrots
Vegetable Nuggets* with Tomato
Ketchup
Bombay Potatoes • Peas and Sweetcorn
Cheese Savoury Sandwich
Creamy Rice Pudding
Peach Slices

Wednesday

Cheese and Potato Pie
Oven Roast Potatoes • Sweetcorn
BBQ Vegetarian Meatball Sub*
Oven Roast Potatoes • Broccoli
Chicken Mayo Filled Jacket Potato
Fresh Fruit Salad • Yoghurt
Fresh Fruit • Cheese and Biscuits

Thursday

Mild Chilli Beef and Cheese*
Potato Wedges • Baked Beans
Thin and Crispy Pizza Margherita
Seasoned Potato Wedges
Sweetcorn
Turkey Salad Sandwich
Carrot Cupcake

Friday

Chinese Style Vegetarian Curry*
Egg Noodles
Salmon Fish Finger Sandwich
with Tomato Relish
Chips • Mushy Peas
Baked Bean Filled Jacket Potato
Sticky Toffee Pudding
Ice Cream

*Also available as meat or meat free option.

Available daily: Salad bar, selection of fresh bread and rolls. Alternative Desserts: Selection of fresh fruit, fruit salad, yoghurt and cheese and biscuits.
Choice of Drinks: Fruit juice drink, reduced fat milk, flavoured milk, chilled drinking water. Menu is subject to availability and the requirements of individual schools.

September 2017 - July 2018



Red Tractor Assurance

Newcastle City Council