



# Hawthorn Primary School

Park Close, Elswick, Newcastle upon Tyne NE4 6SB  
Telephone (0191) 2734237 Mobile 07745790467  
e-mail admin@hawthorn.newcastle.sch.uk

Dear Parents/ Carers,

Thank you so much for your continued support over these past few days, we really do appreciate it.

With regards to remote learning, your child's teacher is setting work in line with government advice. We understand how difficult it is to sometimes motivate your child to complete their remote learning but we would really appreciate you encouraging and supporting them to access their learning daily.

## **How can you implement remote learning in your home?**

1. Don't try to do too much. You might start with 30 minutes / an hour a day and then build up. We would advise no more than three hours in any one day.
2. Try to keep a routine. This doesn't mean a 'school day timetable'. This is a routine that works for your family and with older children would be best agreed with them. It might involve setting times for 'work' during the day and times for 'recreation / relaxation'.
3. Build in plenty of breaks and make sure your child drinks lots of water. The children are used to having short 'outdoor play breaks' / healthy snacks, regularly when they work. You could go on a short walk once a day as advised by the government.
4. Learning doesn't have to be at a table. Depending on the task, there may be a much more suitable place for your child to do an activity. E.g. the garden.
5. Be kind to yourself. Lots of us are anxious and still trying to adjust to this new way of living. Lots of us are also still working and trying to balance this support for learning. Don't feel guilty if you don't complete all tasks, just do what you can and catch up later. This time as a family is valuable and will hopefully be one of the positive things that we are able to take away from this experience.

The staff at Hawthorn will be in regular contact via telephone, with families for a variety of different reasons. If you are struggling with anything at all - pick up the phone and call us on (0191) 2734237.

Jane Dube

Head Teacher