

Hawthorn Primary School Menu September 2022 – July 2023 Week One

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheese Omelette(v)	Chicken Korma	Vegetable Fingers(v)	Roast Turkey Sage and Onion Stuffing	Fish Fingers
Hash Browns	Fluffy Rice	Seasoned Wedges	Creamed Potatoes	Chips
Baked Beans * * * *	Green Beans * * * *	Crunchy Coleslaw * * * *	Carrots * * * *	Mushy Peas * * * *
Quorn Bolognese (v)	Cheese & Tomato Pizza	Quorn Mince Pie(v)	Pasta Pomodoro (v)	BBQ Quorn and Stir Fry Vegetables (v)
Crusty Bread	Seasoned Wedges	Creamed Potatoes	Garlic Bread	Egg Noodles
Garden Peas * * * *	Crunchy Coleslaw * * * *	Turnip * * * *	Broccoli * * * *	* * * *
Egg & Cress Baguette * * * *	Cheese Savoury Sandwich * * * *	Ham Wrap * * * *	Tuna Sandwich * * * *	Turkey Sandwich * * * *
Filled Jacket Potato Choice of Cheese or Baked Beans (v) with Salad	Filled Jacket Potato Choice of Cheese, Baked Beans (v) or Tuna with Salad	Filled Jacket Potato Choice of Cheese, Baked Beans (v) or Tuna with Salad	Filled Jacket Potato Choice of Cheese, Baked Beans (v) or Tuna with Salad	Filled Jacket Potato Choice of Cheese, Baked Beans (v) or Tuna with Salad
DESSERT Fresh Fruit or Yoghurt	DESSERT Shortbread & Custard	DESSERT Strawberry Mousse	DESSERT Lemon Drizzle Cake & Custard	DESSERT Chocolate Brownie

Also available every day:

Choice of:

- Salad bar
- Fresh fruit selection
- Yoghurt
- Cheese and biscuits

Choice of drinks:

- Fruit juice
- Reduced fat milk
- Chilled water
- Selection of fresh bread and rolls

Menus are subject to availability
(V) suitable for Vegetarians or (VG) Vegan diets

Hawthorn Primary School Menu September 2022 – July 2023

Week Two

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Quorn Dippers	Margherita Pizza	Roast Chicken Yorkshire Pudding	Pork Sausages with Gravy	Battered Fish
Potato Wedges	Diced Potatoes	Mashed Potato	Oven Roast Potatoes	Chips
Spaghetti Hoops * * * *	Coleslaw * * * *	Cabbage * * * *	Mashed Turnip * * * *	Mushy Peas * * * *
Quorn & Chickpea Curry (v)	Quorn Meatballs in Tomato Sauce with Pasta (v)	Quorn Burger in Bun (v)	Vegetarian Lasagne (v)	Cheese and Potato Pie (v)
Vegetable or Rice	Garlic Bread	Diced Potatoes	Crusty Bread	Chips
* * * *	Garden Peas * * * *	Baked Beans * * * *	Green Salad * * * *	Coleslaw * * * *
Cheese Baguette * * * *	Turkey Sandwich * * * *	Tuna Wrap * * * *	Ham Sandwich * * * *	Cheese Sandwich * * * *
Filled Jacket Potato	Filled Jacket Potato	Filled Jacket Potato	Filled Jacket Potato	Filled Jacket Potato
Choice of Cheese or Baked Beans (v) with Salad	Choice of Cheese, Baked Beans (v) or Tuna with Salad	Choice of Cheese, Baked Beans (v) or Tuna with Salad	Choice of Cheese, Baked Beans (v) or Tuna with Salad	Choice of Cheese, Baked Beans (v) or Tuna with Salad
DESSERT	DESSERT	DESSERT	DESSERT	DESSERT
Apple Pie & Custard	Fresh Fruit or Yoghurt	Vanilla Cookie	Sticky Orange Sponge & Custard	Frozen Yoghurt

Also available every day:

Choice of:

- Salad bar
- Fresh fruit selection
- Yoghurt
- Cheese and biscuits

Choice of drinks:

- Fruit juice
- Reduced fat milk
- Chilled water
- Selection of fresh bread and rolls

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Week Three

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tomato & Mascarpone(v) Pasta	Chicken Jalfrezi	Turkey & Vegetable Pie	Spaghetti Bolognese	Fish Goujons
Garlic Bread	Boiled Rice	Creamed Potatoes	Garlic Bread	Chips
Mixed Salad * * * *	Apple & Cucumber Salad * * * *	Broccoli * * * *	Carrots * * * *	Beetroot * * * *
Southern Style Quorn Fillet (v)	Margherita Pizza (v)	Quorn Kofta Wrap (v) with Savoury Rice	Quorn Sausage Roll (v)	Three Bean Chilli (v)
Seasoned Wedges	Diced Potatoes		Oven Roast Potatoes	Fluffy Rice
Beans * * * *	Sweetcorn * * * *	Coleslaw * * * *	Wholewheat Hoops * * * *	Garden Peas * * * *
Egg Mayo Sandwich * * * *	Tuna Wrap * * * *	Cheese Savoury Sandwich * * * *	Ham & Tomato Baguette * * * *	Chicken Mayo Sandwich * * * *
Filled Jacket Potato Choice of Cheese or Baked Beans (v) with Salad	Filled Jacket Potato Choice of Cheese, Baked Beans (v) or Tuna with Salad	Filled Jacket Potato Choice of Cheese, Baked Beans (v) or Tuna with Salad	Filled Jacket Potato Choice of Cheese, Baked Beans (v) or Tuna with Salad	Filled Jacket Potato Choice of Cheese, Baked Beans (v) or Tuna with Salad
DESSERT	DESSERT	DESSERT	DESSERT	DESSERT
Chocolate Cookie	Strawberry or Vanilla Ice Cream	Fresh Fruit or Yoghurt	Apple Crumble Muffin	Flapjack & Custard

Also available every day:

Choice of:

- Salad bar
- Fresh fruit selection
- Yoghurt
- Cheese and biscuits

Choice of drinks:

- Fruit juice
- Reduced fat milk
- Chilled water
- Selection of fresh bread and rolls

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