



Primary School Lunch Menu

SEPTEMBER - FEBRUARY

Planet Friendly Days

(Menu Option 2w)

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Handmade Margherita Pizza Slice (v) Tomato & Sweetcorn Pasta (v)	Oven Baked Quorn Toad in the Hole (v) Mashed Potato (v)	Traditional Roast Quorn Fillet (vg) New Potatoes (v)	Creamy Quorn Korma Curry (v) Steamed Rice (v) Naan Bread (v)	Golden Roast Quorn Dippers (vg) Chips (vg)
Main Course	Handmade Quorn & Red Pepper Pizza Slice (v) Tomato & Sweetcorn Pasta	Oven Baked Toad in the Hole Mashed Potato (v)	Roast Chicken New Potatoes (v)	Italian Style Chicken Pasta Bake Garlic Bread Slice (v)	Golden Baked Battered Fish Chips (vg)
Halal	Choice of Above	Oven Baked Toad in the Hole Mashed Potato (v)	Choice of Above	Italian Style Chicken Pasta Bake Garlic Bread Slice (v)	Choice of Above
Chef's Choice of Seasonal Vegetables and Salad Bar (v)(vg) / Jacket Potato – Cheese (v), Tuna Mayo*, Beans (v/vg) / Sandwiches Options (v)					
Dessert Fresh Fruit (vg), Yoghurt (v), Cheese & Biscuits (v)	Chocolate Muffin (v)	Frozen Yoghurt (v)	Madeleine Sponge with Custard (v)	Shortbread	Fruit Medley
Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Rich Penne Pasta Pomodoro (v) Seasoned Wedges (v)	Classic Quorn Cottage Pie (v) Green Beans	Handmade Margherita Pizza Slice (v) Patatas Bravas	Traditional Roast Quorn Fillet (vg) Stage & Onion Stuffing (v) Roast Potato (v)	Saucy Sweet Potato and Chickpea Curry (v) Steamed Rice (v) / Naan Bread (v)
Main Course	Mexican Style Rainbow Burrito (v) Seasoned Wedges (v)	Mac and Cheese (v) Garlic Bread Slice (v)	Handmade Margherita Pizza Slice (v) Patatas Bravas	Traditional Roast Chicken Fillet Stage & Onion Stuffing (v) Roast Potato (v)	Fish Fingers or Salmon Fingers Chips (vg)
Halal	Choice of Above	Choice of Above	As Above (v)	Choice of Above	Choice of Above
Chef's Choice of Seasonal Vegetables and Salad Bar (v)(vg) / Jacket Potato – Cheese (v), Tuna Mayo*, Beans (v/vg) / Sandwiches Options (v)					
Dessert Fresh Fruit (vg), Yoghurt (v), Cheese & Biscuits (v)	Fruit Medley (v)	Coconut Cookie (v)	Fruit Jelly with Vanilla Ice Cream (v)	Iced Shortbread Finger (v)	Blueberry Crumble Muffin (v)
Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Rich Penne Pasta Ragu (v) Garlic Bread Slice (v)	Herby Cheese Omelette (v) Roast Potatoes	Classic Quorn Hot Dog in a Bun (v) Jacket Wedges (v) Baked Beans (vg)	Chinese Sweet & Sour Vegetables (v) Steamed Rice (v)	Oven Roast Crunchy Quorn Nuggets (vg) Chips (v)
Main Course	Mexican Style Quesadilla (v) Diced Potato	Oven Baked Meatballs in Gravy Roasted Potatoes (v)	American Style Cheeseburger in a Bun Jacket Wedges (v)	Chinese Sweet & Sour Chicken Steamed Rice (v)	Golden Baked Fish Star Chips (v)
Halal	Choice of Above (v)	Herby Cheese Omelette (v) Roast Potatoes	American Style Cheeseburger in a Bun Jacket Wedges (v)	Choice of Above (v)	Choice of Above (v)
Chef's Choice of Seasonal vegetables and Salad Bar (v)(vg) / Jacket Potato – Cheese (v), Tuna Mayo*, Beans (v/vg) / Sandwiches Options (v)					
Dessert Fresh Fruit (vg), Yoghurt (v), Cheese & Biscuits (v)	Yoghurt with Fruit (v)	Jocelyn's Peach Cookie (v) (gf)	Pancake with Golden Syrup & Mixed Berries (v)	Toffee Cake with Custard (v)	Fruit Flapjack (v)

Week 1	Week 2	Week 3
31 Aug 26	07 Sept 26	14 Sept 26
21 Sept 26	28 Sept 26	05 Oct 26
12 Oct 26	19 Oct 26	02 Nov 26
09 Nov 26	16 Nov 26	23 Nov 26
30 Nov 26	07 Dec 26	14 Dec 26
04 Jan 27	11 Jan 27	18 Jan 27
25 Jan 27	01 Feb 27	08 Feb 27

CHOICE OF DRINKS:

Chilled Water
Reduced Fat Milk (v)

*Menus are subject to availability
(vg) Plant-Based and Planet-Friendly
(v) Suitable for Vegetarians
* Taking a break on planet friendly days*

Newcastle
City Council